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CRIPTO, CIARDIA, E.COLI, SHIGELLA, & NOROVIRUS BY FOLLOWING THESE SIMPLE RULES:

Wash your hands
with soap and
water after using
the toilet or
changing diapers
and before eating.



Always wash
children —
especially hands
and bottoms —
before water play.



Never let children with diarrhea play in the pool or splash park.



Don't let your children swallow the water they play in.



Make sure children take frequent bathroom breaks and check diapers often.



Never change your baby's diaper at waterside — use the bathroom or designated area.

REMEMBER,
HEALTHY SWIMMING
IS NO AGGIDENT!



Even a tiny speck of stool contains millions of

Crypto parasites that can make you and others very sick. Chlorine in the pool isn't strong enough to kill these parasites. Symptoms of an illness can include stomach ache and diarrhea. If you or a family member gets a waterborne illness wait two weeks after the diarrhea ends before returning to the pool or splash park.



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HEALTH & WELFARE